



Children's Handbook

Welcome

Welcome to Churchfields. We know coming somewhere new can feel a little strange at first, but our team is here to help you and your family feel safe and comfortable. This guide explains what life at Churchfields is like and what you can expect while you are here.

Who We Are

Churchfields is a place where families stay together while adults work with staff to learn new skills and build routines that help children grow up safely and happily. Our staff are here to support everyone in the family.

Your Room

You and your family will have your own private space where you can sleep, relax, and spend time together. We want it to feel as comfortable as possible during your stay.

Places You Can Use

There are shared spaces in the centre where families can spend time together:

- **Family Room** – A space with toys and activities where children and parents can play together.
- **Dining Area** – Where families eat meals and sometimes do quiet activities like drawing or homework.
- **Garden and Outdoor Area** – A safe place to play outside and get fresh air.
- **Games Room** – A room with games and activities for fun family time.

Daily Life

Each day usually follows a routine. This may include:

- Meals with your family
- Playtime and activities
- Time with staff supporting your parents
- Quiet time for rest or homework

Routines help children feel safe and help families practise everyday life together.

School and Learning

If you are school age, staff will help make sure you continue your learning while you stay at Churchfields.

The Staff Team

Staff members are here to help you and your family. If you ever feel worried, upset, or confused, you can speak to a member of staff and they will listen and help you.

Being Kind and Respectful

We ask everyone staying at Churchfields to be kind and respectful to others. This helps make the centre a safe and friendly place for all families.

If You Feel Worried

It is normal to have questions or worries when staying somewhere new. You can always talk to:

- Your parent or carer
- A member of staff
- Your family's key worker

We are here to help you feel safe and supported.

We Hope You Feel Welcome

Our aim is to make Churchfields a place where children feel safe, listened to, and able to enjoy time with their family while positive changes take place.